# TREATMENT COURT



PASSPORT



# TREATMENT COURT PASSPORT

This book serves as an official record of the actions completed by

while participating in a program of recovery, honesty, and change.

Participant:\_\_\_\_\_

Judge:\_\_\_\_

# If nothing changes, nothing changes.

## PHASE I:

# Chance

- Take a chance on a new life.
- Commit to trying something new.
- Be honest and trust the process.

### PHASE I: CHANCE

**Congratulations!** You have started a great new adventure. This phase is four weeks.

### Your goals are:

- Complete substance abuse and mental health assessments
- Show up for court and all appointments
- Be honest
- Identify people, places, and things that get you in trouble

### To complete phase one, please:

- Attend weekly court, drug tests, and appointments
- Attend detox and/or enroll in a treatment program
- Create a case plan
- Practice truth-telling

# PHASE I: CHANCE

# Accomplishments

Attend First Court Session	Cherry Hill	PHASE I: CHANCE
		Date completed:
Create Case Plan	Complete Mental Health Assessment	
Earn First Gift Card	Draw Raffle Ticket	It is so ordered:
First Negative Test	Complete Intake	

DILACE I. CHANCE

# "If you are going through hell, keep going."

**WINSTON CHURCHILL** 

### PHASE II:

# Challenge

- Challenges come in many forms.
- Learn from your mistakes.
- Practice accepting help.
- Seek support.

#### PHASE II: CHALLENGE

In this phase, you are challenged to look at your relationship with drugs and alcohol.

## Your goals are:

- Go to treatment
- Figure out what you need
- Learn about recovery meetings

## To complete phase two, please:

- Attend court, drug tests, and appointments
- Go to treatment
- Complete your benchmark
- Work on a safe place to live
- Work on a budget
- Begin mental health services
- At least 30 days clean and sober (on phase-up date)

## PHASE II: CHALLENGE

# Accomplishments

T: #15 O:C O 1		PHASE II: CHALLENGE
First \$15 Gift Card	Graduate Residential or Intensive Outpatient Treatment Program	Date completed:
Attend a Recovery Meeting	Make a Sober Friend	
Tip of the Day	Complete my Benchmark	It is so ordered:
Begin Mental Health Services	30 Days Clean and Sober	

DILACE II. CHALLENICE

# "It always seems impossible until its done."

**NELSON MANDELA** 

### PHASE III:

# Choice

- Every day is full of choices.
- Every choice is an opportunity.
- Make choices to get you closer to your goals.
- Choose the people, places, and things that will help you succeed.

#### PHASE III: CHOICE

**Take charge of your plan!** Make choices that achieve your goals.

### Your goals are:

- Complete outpatient treatment
- Practice your new life skills
- Choose people, places, and things that support you

## To complete phase three, please:

- Attend court, drug tests, and appointments
- Complete your benchmark
- Attend your favorite recovery meetings
- Pick something fun to do with other people
- At least 60 days clean and sober (on phase-up date)
- Read your proposal in court

# PHASE III: CHOICE

# Accomplishments

Complete Outpatient Treatment Program	Visit Housing Programs	PHASE III: CHOICE
		Date completed:
Met with Phase 1 Participant	Visit Job Programs	
Found a Fun, Healthy Activity	Start GED or Education Program	It is so ordered:
First \$20 Gift Card	60 Days Clean and Sober	

DILACE III. CHOICE

# "Growth is a willingness to make a change."

BILL W.

### PHASE IV:

# Change

- You accomplished goals.
- You made changes.
- Your hard work is paying off.
- Enjoy the victories.

#### PHASE IV: CHANGE

In this final phase, practice independence. Develop your network of support.

### Your goals are:

- Establish a post-court care plan
- Use your skills and success to help others
- Go to more meetings
- Look at your family relationships
- Think about going to school

## To complete phase four, please:

- Attend court, drug tests, and appointments
- Complete your benchmark
- Tell your story in court
- At least 90 days clean and sober (on phase completion date)

## PHASE IV: CHANGE

# Accomplishments

Complete a Transition Plan	First \$25 Gift Card	PHASE IV: CHANGE
		Date completed:
Find Home Group and Sponsor	Choose Phase 4 Incentive	
Stable Housing	Start Working or Volunteering	It is so ordered:
Tell your story in court	90 Days Clean and Sober	

DILACE IV. CHARICE

"The greatest thing is not so much where you stand as in which direction you are moving."

**OLIVER WENDELL HOLMES** 

