General Questions

1. What types of things did you do or can you do to help maintain sobriety?
2. What reconnections or new activities have you built into your life?
3. What are some of the community supports you can access?
4. What challenges did you face, and how did you handle them?
1. What did you do this week to stay sober?
2. Describe one of the most important reasons for you to be more honest.
3. What does responsibility mean to you?
4. What past hobbies or activities are you looking forward to getting re-involved in?
5. What are some things in your work or school that are getting in the way of your change efforts?

**COMMUNITY DOMAIN**
6. What can you tell me about your community that helps support your long-term recovery goals?

**HEALTH, MEDICAL DOMAIN**
7. What types of services or resources have you identified that may become a part of meeting other needs that you may have?

**PURPOSE DOMAIN**
8. What are your short-/long-term recovery goals, and how are they meaningful in recovery?
1. Who will you use for support once you finish this program?

2. If you find yourself suddenly wanting to get high, what do you do about that?

3. What’s going to be your biggest challenge after you finish this program? After the participant responds, follow up with: What are you doing now to prepare to meet that challenge?
1. What are your main relapse triggers?
2. Who are your main relapse risks? Who do you need to avoid?
3. What are you doing to manage your triggers?
4. Do you have a relapse prevention plan? What is it?
5. Do you have a plan for what you’ll say to your old using friends/relatives?
<table>
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<tr>
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<th>Motivational Interviewing/Motivational Enhancement Therapy</th>
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<tbody>
<tr>
<td>1</td>
<td>What stage of change are you in? What does that mean for you?</td>
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<td>2</td>
<td>What are the motivators for you not to use and to change your life?</td>
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<td>3</td>
<td>What are the things that might motivate you to use again?</td>
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<td>4</td>
<td>What changed that helped you move to a different stage?</td>
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<td>5</td>
<td>What are the benefits for you if you don’t use?</td>
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<td>6</td>
<td>How can treatment court help you with your motivation?</td>
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1 Can you describe what you are working on in your counseling sessions?

2 CBT is about changing your thinking. Can you describe how your thinking has caused problems for you?

3 What things have you learned to help change your thinking errors?
1 How have traumas that you have experienced been triggers for use for you?

2 Do you have problems dealing with stress? What helps?

3 What things can you do to deal with feelings that your trauma brings up?
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