

# Veterans Treatment Court Planning Process Guide

### I. Laying the Foundation

- 1. Identify the Drug Court Advisory Council
  - $\Box$  Chief Judge
  - $\hfill\square$  Elected Prosecutor
  - $\Box$  Chief Public Defender
  - □ Chief Court Administrator/Court Clerk
  - $\Box$  Chief of Police
  - $\Box$  Elected Sherriff
  - $\Box$  Chief Probation Officer
  - □ Director of Treatment Services
  - $\Box$  County Commission
  - State Department of Veterans Affairs
     (to engage the 43 Veterans organizations and Help identify the person to represent the service organizations
  - Veterans service organizations (American Legion, Disabled American Veterans, 43 organizations
  - Representatives of the Vet Center (focus on combat vets)
     Can provide services to families (ie; Domestic Violence,
     Outpatient services, 299 clinics around the US
    - □ 50 Mobile Vet Centers
    - □ Veterans Homeless Services
    - □ Decision Makers- Members who can authorize funds
    - □ Faith Based organizations or retired Military person with some influence in the community
    - Employment Service Provider (State DOL)
    - □ LVER Local Veterans Employment Representative
    - □ Someone to provide services to Veterans that are not eligible for veterans benefits
    - □ Someone to represent Juveniles/ Juvenile services
    - □ *Representatives from HUD (Vouchers are given out by the VA, a housing cooperative)*
    - □ Local treatment provider
    - □ Contact with commanders of local bases

- President of Private Defense Bar, Criminal Defense Bar/Attorneys
- □ We need to engage up front. It is the key to buyin. Who do we need to engage for day-to-day operation of the VTC?
- 2. Identify the Drug Court Planning Team Members
  - a. Judicial
    - □ Judge
    - $\Box$  Magistrate
  - b. Prosecution
    - District Attorney
  - c. Defense
    - $\Box$  Public Defender
    - $\Box$  Private Defense Attorney
    - $\Box$  Local Bar Association
  - d. Coordination
    - $\Box$  Court Administrator
    - $\Box$  Clerk
    - $\Box$  Other: \_\_\_\_
  - e. Community Supervision
    - $\Box$  Pre-trial
    - $\Box$  Probation
    - $\Box$  Parole
    - □ Community Corrections
    - □ Law Enforcement
      - $\Box$  Police
      - $\Box$  Sherriff
      - □ Highway Patrol
  - f. Treatment
    - □ Private Provider
    - □ County/State Provider
    - □ Health Department
    - $\hfill\square$  Mental Health
  - g. Evaluator
    - □ Local College/University Professor
    - □ Research/Evaluation Company
  - □ Add representative from the VA/VJO for mentors
  - □ Someone to coordinate between the court and Veterans service providers at the VA other than the role of the traditional Drug Court Coordinator
  - □ Someone with expertise on Mental Health or someone dually trained or skilled (VA?)
  - □ Need a community treatment provider to coordinate VA and Community Treatment resources

- □ *Coordinator needs to provide integrated treatment(ie: drug treatment, medication, co-occurring/behavioral, mental health)*
- □ Coordinator for volunteer mentors/ service groups "Where do we find them?, Veterans Advisory Council)
- □ Community Supervision, Law Enforcement, Private Supervision, Probation Officer
- □ What does the DA know about the veterans needs/issues
- 3. Secure Team Commitment
  - a. During planning process
    - $\hfill\square$  Agreement from all department heads
    - $\Box$  Develop inter-agency agreements
    - $\Box$  Identify resistance to the program
  - b. Identify impacts on each agency
    - $\Box$  Political
    - $\Box$  Time
    - $\Box$  Cost
  - c. Collaboration
    - $\Box$  Team participation in developing the program
    - □ Establish on-going planning meetings
  - □ Mou's with VBA, VHA, Court
  - □ Consider the benefits and detriments of official MOU's
- 4. Identify Other Key Stakeholders
  - □ Media/Community Groups
  - □ Substance Abuse Treatment Providers/Agencies
  - □ Mental Health Treatment Providers/Agencies
  - □ Other State Agencies- Children & Families, Education etc.
  - □ Vocational & Educational Communities
  - □ Job Skills -Training & Placement Agencies
  - $\Box$  Chamber of Commerce
  - □ Welfare to Work Programs
  - □ Victim Groups (MADD, etc)
  - $\Box$  Anticrime and anti-drug coalitions
  - $\Box$  Ex-offender / ex-addict groups
  - $\Box$  Police or Sheriffs Association
  - □ Department of Corrections
  - □ Local Reserve and National Guard
  - $\Box$  Mayors
  - $\Box$  NAMI
  - □ VA Regional Council (will need to approve forms) as well as all those listed in section I.1 Release forms
- 5. Identify the Problem
  - a. Jail overcrowding
    - $\Box$  Identify type of cases
  - b. Prison overcrowding

- $\Box$  Identify type of cases
- c. Crowed criminal court dockets
  - $\Box$  Identify type of cases
  - □ Identify sentencing practices
- d. Crime and drug trends
  - $\hfill\square$  Increase in crime to include types
  - $\hfill\square$  Increase in drug use to include types
  - □ Other social impacts (i.e. emergency room episodes, overdoses, property damage, etc.)
  - □ Increase in the number of Justice Involved Veterans
  - □ Assess how many Veterans are in the jail right not
  - □ *Examine national data which indicates that 1 in 4 or 1 in 5 returning veterans are presenting with PTSD, co-occurring, suicide*
  - □ Examine pre-war numbers vs. during or post war numbers
  - □ Assess the emergence or prevalence of veterans in all other courts
  - □ Look for younger veterans (19-20) in jails, probation, corrections
  - □ *Examine calls to 911, 211 Centers* `*contact to mental health clinics*
  - □ *Examine jurisdictions around forts with large numbers of soldiers deployed for returning soldiers with issues*

# II. How to Design An Adult Drug Court Program

- 1. Develop the Mission Statement
  - □ Purpose of the drug court (developed by team)
  - $\Box$  Address the goals
  - $\hfill\square$  Articulate the motivation of team and stakeholders
- 2. Define the Goals and Objectives
  - a. Goals
    - □ Focus on public safety and personal responsibility
    - □ Improved utilization of community resources
    - □ Cost effect on criminal justice system
    - $\Box$  High rates of retention and completion
    - □ Improved functioning of individuals
    - $\Box$  Address access and fairness issues
  - b. Objectives
    - $\Box$  Clearly stated, realistic end results
    - $\Box$  Quantifiable with measurable outcomes
    - □ Respond to participant, stakeholder and community needs
    - □ Attainable given program design and resources available
- 3. Identify the Target Population
  - a. Review problem data
    - $\Box$  Determine which offenses and/or type of offenders to include
    - □ Focus should be placed on High Risk/High Need offenders

- □ Define a Veteran- Operation Iraqi Freedom, Operation Enduring Freedom, Combat, Guard, Reserve, Active
- □ Are you going to accept active duty soldiers (if so, may have dual jurisdiction issues)
- □ *Redeployment vs. non-deployable*
- □ Discharge status; Honorable, General under Honorable, General other than Honorable, Bad Conduct, Dishonorable, Administrative Discharge
- □ *Potential to upgrade discharge*
- □ Connection between discharge status and eligibility for VA benefits
- □ *Must take referrals from Department of Defense*

#### 4. Design Eligibility and Disqualification Criteria

- □ Level of Crime: Felony/Misdemeanor
- □ Type of Crime: Possession/Drug Motivated/Drug Sales
- □ Drug Use and Abuse History/Drug Dependency
- □ Criminal Background
- $\Box$  Residency
- $\Box$  Mental Health and Health Issues
- $\Box$  Current Legal status
- □ Probation/Parole Status/Revocation
- □ Violence, Domestic Violence, Violent History, Sex Offenses,
- □ Weapons offenses, mental health issues
- □ State Statutes
- $\Box$  DWI
- □ VA Medical Benefit Screening
- □ Screening for VA Monetary Benefits
- □ Social Security Benefits
- Do not disqualify a participant with low AOD issues who may have Mental Health issues
- 5. Determine Court Model
  - $\Box$  Pre Plea Diversion
  - $\Box$  Post Plea
  - □ Deferred Sentencing
  - $\Box$  Probation
  - $\Box$  Probation Revocation
  - $\Box$  Reentry
- 6. Design Entry Process
  - a. Risk and Need Assessment
    - □ Determines who is most suited for Drug Court
    - $\Box$  Identify tool(s) to be used
    - □ Identify who will administer risk and needs assessment
  - b. Identify who will conduct legal screening

- $\Box$  Prosecutor
- □ Defense Attorney
- $\Box$  Coordinator
- $\Box$  Entire Team
- c. Determine Points of Entry
  - □ At Arrest
  - 🗆 Bail
  - □ Pre-trial Review
  - □ Initial Court Appearance
  - $\Box$  Pre-sentence Hearings
  - □ Probation Revocation Hearing
  - □ *Re-entry and other court referrals (Federal, Tribal)*
- d. Clinical Screening
  - $\Box$  Identify and select a tool
  - $\hfill\square$  Identify who will conduct the screening
    - $\Box$  Drug Court case managers
    - $\Box$  Pretrial Services
    - $\Box$  Probation
    - $\Box$  TASC
    - □ Treatment Provider
    - □ VA will conduct screening to make further treatment recommendations for services through the VA moving toward development of a case plan.
    - $\Box$  Homelessness
    - □ Health Assessment
    - □ VA Assessment instruments (who will conduct the screening)
    - □ *Mental health screening (who conducts)*
    - □ Screening for TBI and Poly Trauma/Combat stress
- e. Purpose of Screening
  - $\Box$  Determine the presence and severity of substance abuse.
  - $\hfill\square$  Weed out persons who do not have substance abuse problems.
  - □ Determine if the severity of substance abuse problem is appropriate to the level of available drug court services.
- f. Clinical Assessment
  - $\Box$  Identify and select a tool
    - □ Address biological, psychological and sociological factors
  - □ Identify a clinically trained and qualified counselor, psychologist, psychiatrist, social worker, or nurse to administer tool.
- g. Purpose of Assessment
  - $\Box$  Examine scope and nature of substance abuse problem
  - □ Identify full range of service needs, pursuant to treatment planning
  - □ Match participants to appropriate services
  - □ Determine where and when the legal and clinical screening will be administered
  - $\hfill\square$  Determine where and when the clinical assessment will be delivered

- 7. Establish Drug Court Phase System
  - a. Determine Length of Program
    - □ Legal Requirements
      - $\Box$  Treatment Needs
  - b. Determine Number and Length of Phases
     □ Phase Advancement Requirements
  - c. Define Specific Court-Imposed Rules
    - □ Rules and regulations of treatment
    - □ 12 Step Meetings/Support Meetings
    - □ Community Service
    - □ Employment
    - □ Program Fees/Court Costs
    - □ Alumni/Continuing Care
    - □ Court Appearances
    - $\Box$  Drug Tests
    - $\Box$  Curfew
    - □ Ancillary Services
    - $\Box$  Case Management
    - □ Educational/Vocational Training/GED
    - □ Drug-Free/Pro-Social Activities
    - □ Follow rules and regulations of mental health treatment
    - □ *Participate in a mentoring program*
- 8. Develop Treatment Protocol
  - a. Assess Treatment Resources and "Levels of Care" in the Community
    - □ Detoxification
    - □ Intensive Outpatient
    - □ Outpatient
    - □ Day Treatment
    - □ Inpatient Residential
    - □ Halfway House
    - $\Box$  Sober Living
    - $\Box$  Medical Care
    - $\Box$  Mental Health Care
    - □ Medication Assisted Programs
    - □ Case Management Services
  - b. Assess Other Ancillary Resources Available in the Community

     Community Mapping Tool
  - c. Choose the Treatment Program(s) to Serve the Drug Court
    - □ Duration of Treatment
    - $\hfill\square$  Goals of Treatment
    - $\Box$  Frequency of Treatment in each Phase
    - □ Culturally Appropriate Services and Staff
    - □ Individualized Treatment Plans
    - □ Type of evidence-based treatment used by provider
      - □ Cognitive Behavioral Therapy
      - □ Motivational Enhancement Therapy

- □ Community Reinforcement Approach
- □ Medically Assisted Treatments
- $\Box$  Relapse Prevention
- □ Aftercare/Continuing Care
- □ Determine Administrative Responsibilities for Providers
  - $\Box$  Types of reports to be generated
  - $\hfill\square$  Information to be shared with team
- 9. Identify Community Resources
  - □ Complete Community Mapping
  - □ County and other Veterans services
  - □ *Military Bases*

#### 10. Develop Community Supervision Protocol

- a. Determine Which Agency Supervises Clients
  - $\Box$  Probation
  - $\Box$  Parole
  - $\Box$  Police
  - $\Box$  Sheriff
  - $\Box$  Pre-trial Services
  - $\Box$  Marshalls
  - □ Community Supervision Officers
  - $\Box$  Case Managers
- b. Develop Practices
  - □ Determine Frequency of Contact by Phase
  - □ On-going Assessment
  - $\Box$  On-going Home Visits
  - $\Box$  Search
  - □ Surveillance
  - □ Bar, *Casino* and Restricted Area Sweeps
  - $\Box$  Office Visits
  - □ Lower the supervision bar due to reduced expectations of client behavior with clients with mental health issues (PTSD, TBI or other special needs)
- 11. Develop Drug Testing Protocol
  - a. Determine Which Agency Administers Drug Tests
    - $\Box$  Probation
    - $\Box$  Parole
    - $\square$  Police
    - $\Box$  Sheriff
    - $\Box$  Pre-trial Services
    - $\Box$  Marshalls
    - □ Community Supervision Officers
    - $\Box$  Case Managers
    - □ Treatment Providers
    - □ VA Drug Testing Protocol

- b. Determine Type(s) of Drug Test Methodology
  - $\Box$  Onsite/Laboratory
  - $\Box$  Urine
  - 🗆 Hair
  - $\Box$  Silva
  - $\square$  Breath
  - $\Box$  Blood
  - $\Box$  Sweat
- c. Determine Frequency of Testing in Each Phase
  - □ Significant Testing Frequency in Early Phases and Titrate Frequency Down in Higher Phases
- d. Develop Process for Randomization
  - $\Box$  Color Code Phone Message
- e. Develop Process for Collection
  - $\Box$  Observed
  - $\hfill\square$  Male and Female Collectors
  - $\Box$  Chain of Custody
  - □ Confirming Positive Tests
  - $\Box$  Timeframe of Reports
  - $\Box$  Reporting Results
- f. Chose Drugs to be Tested
  - □ Illicit Drugs
  - $\Box$  Prescription Drugs
  - $\Box$  Alcohol
  - $\Box$  Adulterants
- 12. Develop Court Responses Protocol
  - □ Develop Court Responses Based on the NDCI *Ten Science-Based Principles* to Changing Behavior
  - □ Develop Memorandum of Understanding with Sherriff for Brief Jail and Other Sanctions (i.e., washing police cars, trash pick-up, etc.)
  - □ Develop Strategy to Secure and Receive Donations for Incentives (i.e., public transportation tokens, movie passes, restaurant and shopping vouchers, etc.)
  - □ Sanctions must be tailored to veterans with mental health problems (harm reduction, motivation, etc.)
- 13. Develop Communication Protocol
  - □ Develop Authorization/Consent Forms
  - □ Review Each Team Member Agency Ethics Regulations
  - Understand Veterans Waivers and Forms

How will the court and the VA trade reports, what format, content to be expected The VA is developing Treatment Performance Standards regarding treatment compliance

- 14. Develop a Monitoring and Evaluation Protocol
  - □ Select an Evaluator (public or private)

- $\Box$  Develop a logic model
- □ Develop a Process Evaluation Plan
- □ Identify Performance Measures
- □ Develop How Data Will Be Collected and Stored
- □ Consider Management Information Systems
- □ To what extent can evaluation information be exchanged between VTC partners (i.e., Court, VA, Service Providers)
- 15. Identify and Develop Waivers
  - □ Develop Search Waiver
  - □ Develop Offender Contract
  - □ Develop Offender Consent Form
  - □ Define ethical considerations for VJO's/ Mentors and Veterans Administration
- 16. Develop Operational Practices
  - a. Establish Staffing Meeting Practices
    - □ Determine When and Where Staffing Will Occur
    - □ Determine Who is Required to Attend Staffing
  - b. Develop Progress Reports Practices
    - □ Determine What Information is Included in Progress Reports
    - □ Determine When Progress Reports are Due and to Whom
- 17. Creating a Sustainable Drug Court
  - a. Identify Program Costs
    - □ Screening and Assessment Tools
    - □ Treatment Services
    - $\Box$  Drug Testing
    - □ Personnel
    - $\Box$  Training
    - $\Box$  Technology
    - $\Box$  Administration
    - $\Box$  Data Collection
    - $\Box$  Research
  - b. Identify Available Resources
    - $\Box$  Existing Employees
    - □ Existing Community Resources (community mapping)
    - $\Box$  Grants and Donations
    - □ Fundraising Strategies
    - □ Present / Include VA funding/services and level of financial commitment from the VA and Regional VA
- 18. Manage Public Relations
  - □ Educate Agency Partners
  - $\Box$  Educate the Public
  - $\Box$  Develop a Media Plan
  - $\Box$  Engage the Media

- □ Educate Local, State and National Leaders
- □ Connect with the Public Relations office at the VA

Key Topics for Drug Court Planning Training

- $\Box$  The Promise of Drug Courts
- □ The Ten Key Components of Drug Court
- □ Differing Drug Court Models
- □ The Science of Addiction and Psychopharmacology
- □ Cultural Competency and Proficiency
- $\Box$  Deciding on the Target Population(s)
- □ Assessing for Criminogenic Risk and Needs
- □ Clinical Screening and Assessment
- $\hfill\square$  The Science of Substance Abuse Treatment: What Works
- □ Addressing Co-Occurring Mental Health and Health Disorders
- $\Box$  Addressing Relapse
- □ Best Practices in Effective Community Supervision
- □ Best Practices in Effective Drug Testing
- □ Sharing Client Information: Confidentiality and Ethics
- □ Preparing for a Drug Court Status Hearing
- $\Box$  The Drug Court Courtroom
- □ Addressing Client Behavior: Incentives and Sanctions
- □ Measuring Performance
- $\hfill\square$  Research and Evaluation
- □ Management Information Systems
- □ Developing a Sustainable Court Program